

IN THE UNITED STATES DISTRICT COURT
FOR THE DISTRICT OF SOUTH CAROLINA

John Edward Vinson

[Enter the full name of the plaintiff in this action]

Civil Action No. _____
(to be assigned by Clerk)

COMPLAINT
State Prisoner

v.

Al Cannon Charleston County Det. Ctr.

- Carolina Center For Occupational Health

- Dr. Theodore Jacobs, M.D.

Enter above the full name of defendant(s) in this action

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I. PREVIOUS LAWSUITS

- A. Have you begun other lawsuits in state or federal court dealing with the same facts involved in this action or otherwise related to your imprisonment? Yes _____ No ☒
- B. If your answer to A is Yes, describe the lawsuit in the space below. If there is more than one lawsuit, describe the additional lawsuits on another piece of paper using the same outline.
 1. Parties to this previous lawsuit:

Plaintiff: _____

Defendant(s): _____
 2. Court: _____
(If federal court, name the district; if state court, name the county)
 3. Docket Number: _____
 4. Name(s) of Judge(s) to whom case was assigned: _____
 5. Disposition: _____
(For example, was the case dismissed? Appealed? Pending?)
 6. Approximate date of filing lawsuit: _____
 7. Approximate date of disposition: _____

II. PLACE OF PRESENT CONFINEMENT

- A. Name of Prison/Jail/Institution: AI CANNON CHARLESTON COUNTY DET. CENTER
- B. What are the issues that you are attempting to litigate in the above-captioned case? attempting to litigate the conditions of my confinement.
- C. (1) Is there a prisoner grievance procedure in this institution? Yes ☒ No ☐
- (2) Did you file a grievance concerning the claims you are raising in this matter? Yes ☒ No ☐
- When 11-24-10 Grievance Number (if available) N/A
- D. Have you received a final agency/departmental/institutional answer or determination concerning this matter (i.e., your grievance)? Yes ☐ No ☒
- E. When was the final agency/departmental/institutional answer or determination received by you? cl haven't gotten one.
- If possible, please attach a copy of your grievance and a copy of the highest level decision concerning your grievance that you have received.*
- F. If there is no prison grievance procedures in this institution, did you complain to prison, jail, or institutional authorities? Yes ☒ No ☐
- G. If your answer is YES:
1. What steps did you take? I talked with DR. Theodore Jacobs, M.D. in person
 2. What was the result? he said that I had to live with his decision

III. PARTIES

In Item A below, place your name, inmate number, and address in the space provided. Do the same for additional plaintiffs, if any.

- A. Name of Plaintiff: JOHN E. VINSON Inmate No.: 462876
- Address: 3841 Leeds Ave. N. Charleston, SC 29405

In Item B below, place the full name of the defendant, his official position, and place of employment in the space provided. Use Item C for additional defendants, if any.

- B. Name of Defendant: AI CANNON CHARLESTON COUNTY DET. CENTER Position: Sheriff
- Place of Employment: (C.C.D.C) CHARLESTON COUNTY DET. CTR.

- C. Additional Defendants (provide the same information for each defendant as listed in Item B above):

CAROLINA CENTER FOR OCCUPATIONAL HEALTH and DR. Theodore Jacobs, MD,
CHARLESTON COUNTY DET. CENTER - Head Doctor

IV. STATEMENT OF CLAIM

State here, as briefly as possible, the facts of your case. Describe how each defendant is involved. Include also the names of other persons involved, dates, and places. Do not give any legal arguments or cite any cases or statutes. If you intend to allege a number of related claims, number and set forth each claim in a separate paragraph. Use as much space as you need. Attach an extra sheet if necessary.

My complaint against Al Cannon Charleston County Det. CJA., is that there is no law library there at all. So that cl (we the inmates) can better help ourselves in our own individual cases. Is this not part of my 6th amendment rights or civil rights or and freedom of speech? So what can be done about this situation speedily. Please give me what cl (we) need to help my own self. This situation has been going on for too long, it is time for it to stop now! Also the food that is being served here is not fit for a type 2 diabetic. You really need to reform the diets that are now in place. cl know that the county can do better. The food needs to be more medical friendly to fit the right needs of the medical staff so they can serve their patients (people) better.

Thank you
John E. Vinson

P.S. Before mailing this form cl just found out that this jail is giving me^(us) some artificial sweetener in the drink that they serve may cause pancreatic cancer. Me being a type 2 diabetic do you see my problem. cl wished that cl knew about it first so cl would have had a choice in the matter. This is very very cruel!

IV. STATEMENT OF CLAIM - continued.

My complaint is against Carolina Center for Occupational Health and Dr. Theodore Jacobs, M.D. and the way that they have their ranges or criteria for type 2 diabetes diets. When I was in S.C.D.C the program that I was on worked wonderfully. The diet which (Dr. R. MANN, M.D. put me on) was a 2400 cal. with one night-time snack. That diet helped me to loose the weight that I needed to get my bloodsugar readings down to a safe level. Also my high blood pressure was at a safe level, with medication too. My A1C is great because of it (5.4). Lets not forget that I was able to exercise regularly on this diet as well. The diet that Dr. Theodore Jacobs M.D. has me on is Low CARBS (haha), all of the food here has high Carbs, yes it is true. And it has very little nutritional value and that may work for other type 2 diabetes (I don't know of none), but not for mine. He needs to understand that everyone is not the same. He said that the diet that he has me on is all he could do; because that was their standard. Will everyone don't fit into a standard. I don't believe he is doing what is best for me or my type 2 diabetes. He wouldn't even consider what I had to say about what Dr. MANN did. I know that my not a doctor, but isn't the goal is to help me to get better where I could maybe get off taking pills (medication) for diabetes and just control it with diet and exercise. I know he is not a long term doctor for me, but because of my inaction should he not listen to the patient (person).

(NEXT PAGE PLEASE)

Is it not the doctor's rule or something that they (doctors) are to help the patients to get better or maintain their conditions until they get out of being in jail? I strongly feel that something needs to be done about this matter now!

Thank you
John E. Vinson

P.S. Also the doctor has never told me about the fact that the drink that the jail serve with all meals has an artificial sweetener in it. Also this same sweetener says on the package that it may cause pancreatic cancer. Now being a diabetic, you know that is a very major problem! Someone should have said something to me so it could have been my choice! This stuff has been destroying my insides for a long time without my knowledge and I don't like that!

V. RELIEF

State briefly and exactly what you want the court to do for you.

I would like to see a law library here in place or access to one. Also the criteria for the diabetes diets updated and with more nutritional value. And closer look at how the medical staff is being run. Or someone who truly cares about their patients (people). Please help me (us), this is really cruel and unusual punishment. I'm defenseless against this situation.

I declare under penalty of perjury that the foregoing is true and correct.

Signed this 10th day of December, 20 10.

John E. Vinton
Signature of Plaintiff